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A parish of the Antiochian Orthodox Christian Archdiocese of North America under His Eminence Metropolitan SABA

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Welcome to Saint Luke Orthodox Church!

We're delighted you're here for a visit. Please fill out a visitor card from an usher, and join us for potluck fellowship after the service. We invite all prepared Orthodox Christians to receive Holy Communion. All visitors, catechumens, or penitents may come forward for a blessing & receive the blessed bread from a priest. It's our custom here to welcome new visitors during announcements after Divine Liturgy. If you'd like to be recognized, when the time comes please stand so we know you're here. If you're feeling shy this morning, that's fine too!

Parish Council

Peter Mustian, Chairman

Denise McIntyre, Vice Chair, Choir

Rob Bell, Treasurer

George Rabtzow, Secretary

Betty Duran

Sh. Margaret Ashton, Antiochian Women

Steve Knudtsen

Mitch Paxton

Frances Reda, Church School

Gene Roberts

Bee Sturgis

Elizabeth Thompson

₩ March 31, 2024 ₩

Tone Two — Tenth Eothinon Second Sunday of Great Lent

Commemoration of Gregory Palamas, archbishop of Thessalonica Hypatios the wonderworker, bishop of Gangra; Prophet Joel

Hypatios the wonderworker, bishop of Gangra; Prophet Joel
Orthros (8 am)
Resurrection Gospel Eothinon 10 (John 21:1-14)
Great Doxology (8:55am) - Tone 6
Divine Liturgy of St. Basil (9 am) Purple Service Book - begins on
During the Entrance with the Gospel:
Resurrection Apolytikion-Tone 2: When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee
After the Entrance with the Gospel:
Resurrection Apolytikion-Tone 2: (as above)
Apolytikion for St. Gregory Palamas in Tone 8 : O Star of Orthodoxy, support of the Church and its teacher, O comeliness of ascetics, and incontestable champion of those who speak in theology, Gregory the wonder-worker, the pride of Thessalonica and preacher of grace, implore thou constantly for the salvation of our souls
Apolytikion of St. Luke: Let us praise, etc
Kontakion for Sundays in Great Lent: To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom
Communion Hymns: "Praise the Lord", "Of Thy Mystical Supper" and "The Righteous shall be in everlasting remembrance"
Veneration Hymns: "Blessed is the Man" and Byzantine Hymns Choir/Chanters/All

७ Lectionary **३** ▶

Prokeimenon in Second Tone (from Psalm 117)

The Lord is my strength and my song, and He is become my salvation.

Verse: With chastisement hath the Lord chastened me, but He hath not given me over unto death.

The Reading is from the Epistle of the Holy Apostle Paul to the Hebrews (1:10-14, 2:1-3).

In the beginning, thou O Lord, didst found the earth, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore, we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

Alleluia Verses in Second Tone (from Psalm 19)

The Lord hear thee in the day of action; the Name of the God of Jacob defend thee. Verse: O Lord, save the king, and hearken unto us in the day when we call upon Thee.

The Holy Gospel according to St. Mark 2:1-12

At that time, when Jesus returned to Capernaum after some days, it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to Jesus a paralytic carried by four men. And when they could not get near Jesus because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "Son, your sins are forgiven." Now some of the scribes were sitting there, reasoning in their hearts, "Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus reasoned within themselves, said to them, "Why do you reason thus in your hearts. Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk'? But that you may know that the Son of man has authority on earth to forgive sins"—he said to the paralytic—"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"



45 Announcements 2

Sunday School for Adults, Children and Youth

No Sunday School today due to Spring Break. Enjoy extended Coffee Fellowship. Sunday School for all resumes next week. Please remember that all Fr. David's Adult Sunday School presentations are recorded and then posted on our website.

Youth Activities

April 6 at 10am: Help with all Parish Workday at St. Luke's & 12 noon: Boulder hike

Please RSVP to Mimi so she can arrange carpools into Boulder: mimisawaked@gmail.com

April 10 after Presanctified Liturgy: Youth Group Study

Iconography Installation

Archbishop Gregory and his team will be here on Monday, Tuesday and Wednesday April 1, 2, and 3.

Ladies Lunch Bunch this week

Lunch Bunch will meet on Tuesday, April 2, for lunch at 11 A.M. at Mumtaz Mediterranean Food (across the street from Chili's on Hwy 287).

OCLife Baby Shower for Boulder Pregnancy Resource Center

Organization of baby items will happen after Presanctified Liturgy on April 5th, 11AM

Assembly of baby layettes will be at 10am, Saturday April 6th

We will deliver the baskets to Boulder Pregnancy Resource Center, Tuesday, April 9th at 10AM, which will also include a tour of the center, and their work.

Please join us for any of the above. Any questions, contact Rita, Nancy or Bethany.

All Parish Workday

Join us on Saturday, April 6 10 AM to 2:00 PM to clean windows, change light bulbs, polish brass, work outdoors, clean the kitchen, etc. Pack a lunch or bring something to share. Please let Frances know if you can come.

Potluck Fellowship Next Sunday

Please bring something delicious (and fasting) to share during Coffee Fellowship.

Request from Fr. Raphael to Catechumens

Dear Catechumens, if you are expecting to be received this year on Holy Saturday remember to schedule a meeting with Fr. Raphael, gather your paperwork and prepare your life confession.

Pan-Orthodox Vespers Sunday April 14th 5pm

St Luke has the joy of hosting the 4th Sunday evening vespers, during our Lenten Season, Sunday April 14th at 5PM. Please be part of welcoming our brothers, sisters, and Fathers in Christ from many parishes throughout our Rocky Mountain region. It is a wonderful opportunity to worship together with the greater Orthodox community, and afterward share a meal together, encouraging one another in our Lenten journey. We will need many hands to prepare for our guests. Look for the sign- up board in the parish hall next to the north wall. We will need many offerings of soup, salad, bread, and dessert (wine and oil allowed). Feel free to bring wine to share with guests at your table.

Rocky Mountain Orthodox Clergy Brotherhood: Christ's Call to Love

Good Samaritan Project this year for the 2024 Orthodox Day of Service is Saturday April 20, 2024, 10:00 a.m. to 2:00 p.m. (Lunch Provided). The workday will be held at MHM Joshua Station/Justice and Mercy Legal Aid Center (JAMLAC) 913 Wyandot Street, Denver, CO 80204 with various painting, planting, ground keeping, and maintenance projects and prayer at Joshua Station and JAMLAC. Joshua Station is a Christian transitional housing program for families, read more about Joshua Station here: https://milehighmin.org/joshua-station/JAMLAC is a Christian poverty law center, read more about JAMLAC here: www.jamlac.org. All St. Luke and Sts. Peter and Paul Parishioners are invited (and anyone from other parishes as well). Must be18 years old and older. Limited to 30 participants, so RSVP soon to Steve Thompson by email at sthompson@jamlac.org The mission of the Good Samaritan Project is to help Orthodox faithful to understand and serve our brothers and sisters in need consistent with Christ's call to love in deed and truth.

Pysanky Workshop for Women and Youth

Saturday April 20 9:30 AM to 12:30 PM Join us for Ukrainian Easter Egg Decoratng Register http://tinyurl.com/pysanky2024

Pascha Flowers

Please consider donating to the Pascha Flower fund to honor a loved, in memory of, or in thanksgiving. Please mark in the memo line Pascha Flowers. Flowers in the church add beauty reminding us of God's creation and the beauty of His handiwork.

Erie Community Food Bank Needs

Erie Community Food Bank appreciates our help. Please consider almsgiving by purchasing the needed items: beans, cereal, tomato sauce, canned meat, canned veggies, granola bars, strawberry jelly, Top Ramen, gluten-free items, canned and boxed meals. A handout of the listed items can be found on the donation table.

Food for Hungry People Collection Boxes

It's simple to participate. Pick up a FFHP collection box & activity calendar for your family today.

Update from our True Vine Bookstore

Stop by and shop our new lenten items and merchandise from Lift Up Uganda. Don't see what you are looking for? Ask Heather Wicht at heatherwicht@gmail.com

Save the Date for Vacation Bible School: Scuba!

Last year, children and teachers had a blast. We hope you will join us this summer June 17-20 to dive into friendship with God. Stay tuned for more information & registration. Please let Frances know if you are interested in teaching. admin@stlukeorthodox.org

Parish Directory

Need your directory listing updated? Sh Margaret Ashton is happy to help you get all these items updated! Please look for her at coffee hour or send an email to: shamassy@gmail.com!

₩ Weekly Schedule **>**

Sunday, March 31

8:00 AM Orthros

9:00 AM Divine Liturgy

11:00 AM Extended Coffee Fellowship (no Sunday School)

5:00 PM Vespers @ Transfiguration Cathedral

Monday, April 1

11:00 AM Ladies Lunch Bunch

6:30 PM HOPE Group

Tuesday, April 2

1:00 PM Caregivers Support Group

Wednesday, April 3

5:30 PM Presanctified Liturgy & Fasting Potluck

Friday, April 5

9:30 AM Presanctified Liturgy

7:00 PM Third Akathist

Saturday April 6

10:00 AM to 2:00 PM All Parish Work Day (including Youth Group)

12:00 PM Youth Group Hike

4:00 PM Great Vespers

